

## Nurse Education Development (NURED)



Programme Priority: P4 Skilled and socially inclusive region

Programme Specific Objective: 4.2. More aligned vocational education and training (VET) programmes in the Central Baltic region

Sub-programme: Central Baltic

Duration: 01.09.2016 - 29.02.2020

Total funding: 862.094 EUR

ERDF funding: 675.580 EUR ERDF

Project Summary:

The aim of the project is to develop 2 curricula (CC) in the field of Home Care Nursing/Nurse (HCN/RN) within the Central Baltic region. This is done in the following these steps: 1) surveying and designing new curricula, 2) train teachers for the new curricula, 3) evaluate and publish results. Because the challenges faced by Central Baltic countries are similar, the CCs will be developed together.

We shall improve existing CCs to better prepare HCN/nurse students in: HCN elderly care, care of people with intellectual disability and HCN teamwork. All project activities aim at increasing satisfaction with nursing education and work, highlighting the value of self-directed learning, lifelong learning, and the professional level of HCNs, to facilitate recruitment.

The expected results for HCN/nurse students will be: a) improved teamwork between HCN and RN, incorporation of ICT solutions and skills, e-learning/distance learning in the CCs, and inclusion of stress and time management, psychosocial work as well ergonomics in the curricula. The evaluation of the new CC will be reviewed.

## Map of Partners

### Partners

Lead Partner

#### Yrkeshögskolan Arcada AB

Country: FI

[www.arcada.fi](http://www.arcada.fi) [1]

Partner budget: 316.999 EUR

Amount of ERDF funding: 237.749 EUR ERDF

Project Partners

#### Riga Stradina Universitate

Country: LV

[WWW.RSU.LV](http://WWW.RSU.LV) [2]

Partner budget: 145.000 EUR

Amount of ERDF funding: 123.250 EUR ERDF

#### Tallinna Tervishoiu Kõrgkool

Country: EE

[www.ttk.ee](http://www.ttk.ee) [3]

Partner budget: 145.100 EUR

Amount of ERDF funding: 123.335 EUR ERDF

#### Mälardalens Högskola

Country: SE

[www.mdh.se](http://www.mdh.se) [4]

Partner budget: 254.995 EUR

Amount of ERDF funding: 191.246 EUR ERDF

## Results

### Expected results

### Achieved results

Project result in category - Aligned vocational education and training programme

## NURED aligned curricula for home-care nurses

NURED project developed two new aligned curricula for future home-care nurses in Estonia, Finland, Latvia, and Sweden. The curricula were developed considering stakeholder needs: the partners created pilot versions of four different modules based on surveys conducted with home care staff in 2017-2018. The surveys' results revealed the differences in home care nursing practices in all four partner countries.

The available modules are:

1. Teamwork and professional skills in the home care setting (lead partner, resp. Arcada, Finland);
2. Occupational stress, stress and time management (Rīga Stradiņš University, Latvia);
3. E-services and e-products (Tallinn Health Care College, Estonia)
4. Pedagogical attitude and way of work (PFA) in intellectual disability practice in the home care context (Mälardalens Högskola, Sweden).

All partners conducted pilot testing on the module they were responsible for. After the testing, the 1st draft of the aligned NURED curricula was created in the autumn of 2018. These early drafts of the aligned curricula were assessed in focus group discussions by each partner in the winter of 2019. Each focus group discussion was carried out with 3-10 participants including students, educators, and other field professionals. The final draft of the aligned curricula was tested among nursing students in all partner countries during autumn 2019. All partners also created short educational videos, publicly available to the NURED website together with the final version of the NURED aligned curricula.

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