

## **Unlocking the Potential of Estonian Migrant Women (FEM (Female Estonian Migrant))**

Programme Priority: P4 Skilled and socially inclusive region

Programme Specific Objective: 4.1. More people benefiting from stronger Central Baltic communities

Sub-programme: Southern Finland - Estonia

Duration: 01.04.2016 - 31.03.2018

Total funding: 210.145 EUR

ERDF funding: 166.205 EUR ERDF

Project Summary:

This project identifies the main challenges Estonian women who have immigrated to Finland have to face; compared to local residents they are socially and economically more vulnerable and face more problems often difficult to foresee. So far the issue has not been dealt with a systematic approach.

The project will set up peer group sessions in Finland and Estonia using the Peer Counselling technique. The aim is to strengthen the sense of community in the target group and to enable the members to communicate and share their experiences. A future framework will also be established to enable a discussion on common issues and problems.

Project activities include a collection of data, the establishment of three peer groups of Estonian female immigrants in Turku, Helsinki and Tallinn, the organisation of peer group events throughout the project period, the establishment of walk-in info points in Turku and Helsinki, communication activities including a Facebook community and a project webpage. The Turku and Helsinki regions were selected due to the density of Estonian population and because they host operational partner organisations working with Estonians.

## **Map of Partners**

### **Partners**

Lead Partner

#### **Euroopa Eesti Seltside Koda MTÜ**

**Country:** EE

the lead partner does not have a home page

**Partner budget:** 85.960 EUR

**Amount of ERDF funding:** 73.066 EUR ERDF

Project Partners

## **Varsinais-Suomen Viro-keskus ry**

**Country:** FI

[www.viro-keskus.fi](http://www.viro-keskus.fi) [1]

**Partner budget:** 70.360 EUR

**Amount of ERDF funding:** 52.770 EUR ERDF

## **Suomen Viro-yhdistysten liitto ry**

**Country:** FI

<http://svyl.fi/> [2]

**Partner budget:** 53.825 EUR

**Amount of ERDF funding:** 40.369 EUR ERDF

## **Results**

### **Expected results**

### **Achieved results**

Project result in category - Improved community

## **FEM - providing information to Estonian women living in Finland**

Compared to local residents, foreigners encounter bigger challenges to enter the labour market. FEM project focused on offering support to Estonian women moving to Finland.

To enable smoother access into the Finnish labour market, both for the Estonian women planning to move to Finland and for those already living in the country, the project established info points "infotuba" in Turku and Helsinki and peer support groups as well as several information events both in Finland and Estonia. The events covered issues such as:

- economic coping
- children and education
- language, language barriers, and culture
- local people's attitudes, stereotypes

- labour market

Altogether 165 people visited or contacted the info points and 260 people participated in information activities.

Project page in database

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Tags

[Institutional cooperation and cooperation networks](#) [4]

[Social inclusion and equal opportunities](#) [5]

## Project Visibility

**Source URL:** <https://database.centralbaltic.eu/printview/47>

**Links**

[1] <http://www.viro-keskus.fi> [2] <http://svyl.fi/> [3] <https://database.centralbaltic.eu/project/47> [4] <https://database.centralbaltic.eu/tags/institutional-cooperation-and-cooperation-networks> [5] <https://database.centralbaltic.eu/tags/social-inclusion-and-equal-opportunities>