

## **Making my future - Enhancing lives of young people (MAMYFU)**



Programme Priority: P4 Skilled and socially inclusive region

Programme Specific Objective: 4.1. More people benefiting from stronger Central Baltic communities

Sub-programme: Central Baltic

Duration: 01.08.2019 - 30.09.2021

Total funding: 195.173 EUR

ERDF funding: 153.285 EUR ERDF

Project Summary:

Young people living in either disadvantaged or remote communities are at risk of social and educational exclusion. Between the age of 16 and 25, young people are shaping their future with their education and career choices. Peer, family, as well as community pressure, all play an important role in this process.

The project "Making my future" connects youngsters with professionals from Estonia, Latvia, and Finland. The aim is to support the youngsters in shaping their future by learning new skills and by promoting self-esteem. Action learning - that is working together with young people by using socio-cultural and future guidance methods – enhances their potentials and engages them in small scale projects aimed at having an impact in their communities.

The process entails a community study method, the co-creation, and implementation of small-scale projects in the local communities and a virtual platform. The activities will be planned and implemented by the youngsters themselves. Results and methods will be free to use and will mostly be promoted to NGOs and educational institutes working with young people and communities.

## **Map of Partners**

## Partners

Lead Partner

### Tampereen ammattikorkeakoulu Oy

Country: FI

[www.tamk.fi](http://www.tamk.fi) [1]

**Partner budget:** 126.122 EUR

**Amount of ERDF funding:** 94.592 EUR ERDF

Project Partners

### Nodibinjums "Soci?lo pakalpojumu a?ent?ra"

Country: LV

<http://www.krize.lv/en/> [2]

**Partner budget:** 642 EUR

**Amount of ERDF funding:** 546 EUR ERDF

### MTÜ Peipsi Koostöö Keskus

Country: EE

<http://www.ctc.ee> [3]

**Partner budget:** 35.260 EUR

**Amount of ERDF funding:** 29.971 EUR ERDF

### Resiliences Centrs

Country: LV

**Partner budget:** 33.149 EUR

**Amount of ERDF funding:** 28.176 EUR ERDF

## Results

### Expected results

## Achieved results

Project result in category - Improved community

### **MAMYFU activated young people to strengthen their capacity for a better future**

MAMYFU activated young people living in disadvantaged communities and promoted their individual creative skills to strengthen their capacity for a better future for themselves and their communities. Several young participants from marginalized or risky life situations were able to enhance their self-esteem, future orientation, and skills via project activities.

The project organised three intensive one-week courses where different methods were used to empower young people and improve their entrepreneurial skills. In Finland: Making my future - photovoice; in Latvia Future Post-corona - drama and improvisation; in Estonia: My Future, my planet - educational gamification were used to support young people's skills development in a proactive way. Intensive courses brought together young participants and project staff to work together in a collaborative way, to learn with each other, from each other and about each other. In between the intensive courses, creative online workshops were organized to orientate to the intensive weeks' themes and to keep up participants engagement. The courses were evaluated in feedback forms, discussions and via deeper group interviews.

Project participants were engaged in small local projects. Through that, youth became more visible, gained local recognition and empowerment. In Finland the participants produced and organized a photo exhibition, in Latvia a public culture event at the local town square, and in Estonia they created educational learning games.

Creative art- and action-based activities and methods that were used and tested in this project have been found effective and engaging for project's target group and objectives. All methods are cost-effective and grassroots-oriented and can be renewed and repeated later on. The material was produced together with the young participants as texts, blogs, videos and photo collages and published on project's virtual platform: <https://projects.tuni.fi/mamyfu/> [4]

Project page in database

[Making my future - Enhancing lives of young people](#) [5]

At a glance

- Cost-effective and grassroots-oriented methods that can easily be repeated
- Activation young people to strengthen their capacity for a better future for themselves and their communities.

Tags

[Social inclusion and equal opportunities](#) [6]

## Project Visibility

### Social media links

[Webpage](#) [4]

[Blog](#) [7]

## **Project videos**

<https://www.youtube.com/watch?v=bTSBUcLEB1o>

**Source URL:**<https://database.centralbaltic.eu/printview/109>

**Links**

[1] <http://www.tamk.fi> [2] <http://www.krize.lv/en/> [3] <http://www.ctc.ee> [4] <https://projects.tuni.fi/mamufu/> [5] <https://database.centralbaltic.eu/project/109> [6] <https://database.centralbaltic.eu/tags/social-inclusion-and-equal-opportunities> [7] <https://blogs.tuni.fi/mamufy/>