

## **Unlocking the Potential of Estonian Migrant Women (FEM (Female Estonian Migrant))**

Programme Priority: P4 Skilled and socially inclusive region

Programme Specific Objective: 4.1. More people benefiting from stronger Central Baltic communities

Sub-programme: Southern Finland - Estonia

Duration: 01.04.2016 - 31.03.2018

Total funding: 210.145 EUR

ERDF funding: 166.205 EUR ERDF

### **Project Summary:**

This project identifies the main challenges Estonian women who have immigrated to Finland have to face; compared to local residents they are socially and economically more vulnerable and face more problems often difficult to foresee. So far the issue has not been dealt with a systematic approach.

The project will set up peer group sessions in Finland and Estonia using the Peer Counselling technique. The aim is to strengthen the sense of community in the target group and to enable the members to communicate and share their experiences. A future framework will also be established to enable a discussion on common issues and problems.

Project activities include a collection of data, the establishment of three peer groups of Estonian female immigrants in Turku, Helsinki and Tallinn, the organisation of peer group events throughout the project period, the establishment of walk-in info points in Turku and Helsinki, communication activities including a Facebook community and a project webpage. The Turku and Helsinki regions were selected due to the density of Estonian population and because they host operational partner organisations working with Estonians.

## **Map of Partners**



## Partners

Lead Partner

### **Euroopa Eesti Seltside Koda MTÜ**

**Country:** EE

the lead partner does not have a home page

**Partner budget:** 85.960 EUR

**Amount of ERDF funding:** 73.066 EUR ERDF

Project Partners

### **Varsinais-Suomen Viro-keskus ry**

**Country:** FI

[www.viro-keskus.fi](http://www.viro-keskus.fi)

**Partner budget:** 70.360 EUR

**Amount of ERDF funding:** 52.770 EUR ERDF

### **Suomen Viro-yhdistysten liitto ry**

**Country:** FI

<http://svyl.fi/>

**Partner budget:** 53.825 EUR

**Amount of ERDF funding:** 40.369 EUR ERDF

## Results

### Expected results

As the result of the project the Estonian migrant women in Finland will be better integrated in the local community. Other main result will be that women can make more conscious decisions (based on more information and also more support from peers) when they are planning to immigrate. The common discussions of issues and problems in the peer group sessions Finland and Estonia will strengthen the sense of community and relations among the women and help them to communicate and share their life with each other also in the future. In addition project also enhances networking among wider target group and provides information related to the problems and questions of migrant women. Community and networking activities will increase the involvement of the targeted communities to the society in target country via strengthening their ties with each other in peer groups, via participating the events in local organisations and via the information of facebook group page. As a result of the project also the issues related to migration (particularly migration of women) are more acknowledged both in Finland and in Estonia, on local governments level and in society in general. Also the awareness of the target group and the society in general will be increased on the issues related to emigration/migration and life/work in new countries. This will help those women who are planning to immigrate to make more conscious decisions.

### Achieved results

### Project Visibility

**Source URL:** <http://database.centralbaltic.eu/printview/47>